



**Idaho County
Health Services
Directory
2009**

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EMERGENCY NUMBERS

Fire Department

ALL EMERGENCIES CALL 911

Emergency Medical Services/Ambulance

ALL EMERGENCIES CALL 911

Police Department

ALL EMERGENCIES CALL 911

Idaho County Sheriff's Department

ALL EMERGENCIES CALL 911

NON-EMERGENCY NUMBERS

Fire, Police and Sheriff Business Contacts

Fire Department Business Numbers

Cottonwood	208-962-3231
Grangeville	208-983-2851
Kamiah	208-935-0467
Kooskia	208-926-4221

Police Department Business Numbers

Cottonwood	208-962-3231
Elk City	208-983-1100
Grangeville	208-983-1351
Kamiah	208-937-2447
Kooskia/Stites	208-926-4221
Riggins	208-628-3738 or 1-800-922-9141

Idaho County Sheriff's Department 208-983-1100

Idaho State Police (Region 2 Office in Lewiston) 208-799-5151

HOTLINES

Adult Protective Services	211 or 800-926-2588
Child Abuse Hotline	211 or 800-926-2588
Domestic Violence Hotline.....	800-669-3176
Elder and Disabled Abuse (Adult Protective Services)	800-96-ABUSE
Federal Bureau of Alcohol Tobacco & Firearms (Boise).....	208-334-1160
Federal Bureau of Investigation (Salt Lake City, UT).....	801-579-1400
Forest Fire Reports Only	800-562-6010
HIV/AIDS Hotline.....	800-822-7422
Idaho Care Line	211 or 800-926-2588
www.idahocareline.org	
Idaho Poison Control Center	800-860-0620
National Center for Missing and Exploited Children	800-843-5678
Poison Information Center.....	800-222-1222
Rape Crisis & Spouse Abuse.....	800-500-1119
Remove Every Drunk Driver Immediately.....	800-233-1212
School Safety Hotline	877-723-2728
Sexual Predator Information.....	888-357-7332
Suicide Prevention	800-564-2120

HOTLINES

Toxic Chemical & Oil Spills (National Response Center)	800-424-8802
U.S. Drug Enforcement Administration (Seattle).....	206-553-5443
U.S. Marshall Service (Boise)	208-334-1298
U.S. Secret Service (Boise)	208-334-1403

HEALTH SERVICES

Acupuncture

Ostrander, Jeremy, MD 208-962-3267
701 Lewiston St, Cottonwood, MD 83522

Assisted Living Facilities

Meadowlark Homes..... 208-983-0989
701 W 2nd St, Grangeville, ID 83530

Cancer Support

American Cancer Society Resource Center 208-983-4664 or 800-537-7710
202 North A St, Grangeville, ID 83530

Chiropractors

Bartholomew Pain Relief Clinic..... 208-935-0342
4th & Main, Kamiah, ID 83536
Dr. Kim Bartholomew, DC

Haug Chiropractic Clinic..... 208-983-2458
113 S A St, Grangeville, ID 83530
Dr. James M. Haug, DC

Clinics – Medical

Clearwater Valley Clinic – Kooskia..... 208-926-7801
201 Thenon, Kooskia, ID 83539

HEALTH SERVICES

Clinics – Medical (Cont.)

Lewis & Clark Health Clinic	208-848-8300
338 6 th St, Ste 1, Lewiston, ID 83501	
Nimipuu Tribal Health – Kamiah	208-935-0733 or 888-891-0733
313 3 rd St, Kamiah, ID 83536	
Public Health – Idaho North Central District	
903 W Main St, Grangeville, ID 83530	208-983-2842
132 N Hill St, Kamiah, ID 83536.....	208-935-2124
Salmon River Medical Clinic – Riggins	208-628-3666
214 N Main St, Riggins, ID 83549	
Snake River Community Clinic (Uninsured patients only)	208-743-5899
215 10 th St, Lewiston, ID 83501	
St. Mary’s Clinic – Elk City	208-842-2652
Highway 14, Elk City, ID 83525	
St. Mary’s Clinic – Cottonwood.....	208-962-3267
518 Oak St, Cottonwood, ID 83522	
St. Mary’s Clinic – Kamiah	208-935-2585
518 Oak St, Kamiah, ID 83536	
Syringa Clinic – Grangeville	208-983-8590
722 W North St, Grangeville, ID 83530	
Syringa Clinic – Kooskia.....	208-926-4776
022 N Main St, Kooskia, ID 83539	
Women’s Health Center – Syringa Hospital.....	208-983-5120
711 W North St, Suite B, Grangeville, ID 83530	

HEALTH SERVICES

Counseling/Mental Health Services

Abbadaddy House, Inc. 208-962-7384
Cottonwood, ID 83522

Camas Professional Counseling 208-983-0235 or 866-983-0235
102 N College St, Grangeville, ID 83530

Camas Professional Counseling 208-935-0363
511 Main St, Kamiah, ID 83536
cpc@cyberquest.com

Clearwater Counseling..... 208-983-7717
318 ½ E Main, Grangeville, ID 83530

Health & Welfare – Behavioral Health..... 208-983-2300
Children & Adult Mental Health
216 South C, Grangeville, ID 83530
After Hours – Children..... 866-788-7811
After Hours – Adults 866-449-3815

Cranio Sacral Therapy

Healing Center at St. Gertrude..... 208-962-5085
465 Keuterville Rd, Cottonwood, ID 83522
www.HealingCenterAtStGertrudes.org
Cynthia Schultz, OSB, RN, BCST

Syringa Therapy Services 208-983-1873
711 W North St, Grangeville, ID 83530
Alison Elsberry, OTR

HEALTH SERVICES

Dentists

Albright, Ronald J, DDS 208-926-4332
010 N Main, Kooskia, 83539

Mountain View Dentistry 208-983-0105
615 W North St, Grangeville, ID 83530
www.grangevilledentistry.com
Dr. Tyler Harrington, DDS
Dr. Brad Schaff, DDS

Nelson Family Dentistry 208-983-2422
412 W Main St, Grangeville, ID 83530
Dr. Michael D. Nelson, DDS

McCall, Michael J, DDS 208-935-2143
306 Main St, Kamiah, ID 83536

Petersen, Bryan J, DDS 208-983-1651
120 N A Grangeville, ID 83530

Symond, Blaine, DDS 208-839-2640
Skookumchuck Creek, White Bird, ID 83554

Two Rivers Dental 208-628-3340
124 Main Street, Riggins, ID 83549

Diabetic Supplies (See Pharmacies, page 18)

Disabled Persons Assistance/Services

B & B Shelter Care & Ranch 208-926-0049
Kooskia, ID 83539

HEALTH SERVICES

Disabled Persons Assistance/Services (Cont.)

Cottonwood Shelter Home	208-962-3975
210 Foster, Cottonwood, ID 83522	
Health & Welfare – Infant Toddler Services	208-983-2522
216 South C St, Grangeville, ID 83530	
Inclusion North	208-983-2901
304 N State St, Grangeville, ID 83530	
Opportunities Unlimited, Inc.	208-983-0309 or 877-983-0309
405 E Main St, Grangeville, ID 83530	
Opportunities Unlimited, Inc.	208-935-0847 or 877-935-0847
108 W 3 rd , Bldg 1, Hwy 12, Kamiah, ID 83536	

Drug Abuse/Addiction Services

Valleyview Recovery	
412 Hill St, Kamiah, ID 83536	208-935-0399
109 S Mill St, Grangeville, ID 83530	208-983-0898

End of Life Care

No One Shall Die Alone (NOSDA)	
Cottonwood	208-962-3201 or 208-962-3267
Kamiah	208-935-1829 or 208-935-0248
Kooskia	208-926-4168 or 208-476-8030
Syringa Hospital and Clinics Hospice	208-983-1700
607 W Main St, Grangeville, ID 83530	

HEALTH SERVICES

Eye Services (See Optometrists, page 17)

Health and Welfare, Department of

Idaho Department of Health and Welfare Region 2

Covers Nez Perce, Latah, Clearwater, Idaho and Lewis Counties

Camas Resource Center – Idaho and Lewis Counties

216 S C St, Grangeville, ID 83530

www.healthandwelfare.idaho.gov

Child Abuse & Neglect; Family & Children Services..... 208-983-2522

CHIP – Children’s Health Insurance Program..... 877-456-1233

Developmental Disabilities Program / Infant Toddler..... 208-983-2522

Mental Health Services / Adult & Children..... 208-983-2300

Navigation Services – Get help finding needed services..... 208-983-2300

Self Reliance Benefits Program – Medicaid, CHIP, Foodstamps, TAFI..... 877-456-1233

Adult – After Hours Crisis Line 208-983-2300 or 866-449-3815

Children – After Hours Crisis Line 208-983-2522 or 866-788-7811

Health Clubs

Camas Fitness Center (Groaner’s)..... 208-983-7070

505/507 W Main, Grangeville, ID 83530

www.groanersgetfit.com

Valley Fitness Center..... 208-935-7755

108 3rd St, Kamiah, ID 83536

HEALTH SERVICES

Health Department

Public Health – Idaho North Central District – Region 2..... 208-799-3100
Covers Nez Perce, Latah, Clearwater, Idaho and Lewis Counties
Main District Office: 2315 10th St, Lewiston, ID 83501

Grangeville Office – Idaho County 208-983-2842
903 W Main St, Grangeville, ID 83530
www.idahopublichealth.com

Kamiah Office – Lewis County 208-935-2124
132 N Hill St, Kamiah, ID 83536
www.idahopublichealth.com

Call the office numbers above for the following services and more:

Family Planning

HIV Testing, Confidential

Immunizations

Nutritional Counseling

WIC – Women, Infants and Children

Women’s Health Check – Breast & Cervical Cancer Screening

Idaho Care Line211

Nimipuu Tribal Health – Kamiah 208-935-0733 or 888-891-0733

For CHIPS (Children’s Health Insurance Program) *see Health and Welfare*

Hearing Aids

Wykle’s Hearing Help 208-983-5120 or 208-935-0399
722 West North St, Suite B, Grangeville, ID 83530

HEALTH SERVICES

Home Health Services

- Above and Beyond Care..... 208-962-9994
Cottonwood, ID 83522
- Alternative Nursing Services..... 208-935-2204
Or 888-658-2204
520 Main St, Kamiah, ID 83536
- Care Connection Home Care 208-983-3830
White Horse Business Center, Grangeville, ID 83530
- Devins Home Care..... 208-983-1237
221 W Main St, Grangeville, ID 83530
- Seubert's Quality Home Care 208-983-5275 or 800-768-2004
158 E Main St, Grangeville, ID 83530
- Sundance Services Personal Homecare, Inc. 208-983-0041 or 888-459-0313
71 W North 5th St, Grangeville, ID 83530
- Sundance Services Personal Homecare, Inc. 208-839-2567 or 888-459-0313
Doumeq Rd, White Bird, ID 83554

Hospices

- Syringa Hospital and Clinics Hospice 208-983-1700
607 W Main St, Grangeville, ID 83530

Hospitals

- St. Mary's Hospital & Clinics**..... 208-962-3251
701 Lewiston St, Cottonwood, ID 83522

HEALTH SERVICES

Hospitals (Cont.)

St. Mary's Hospital Clinics

Cottonwood	208-962-3267
Craigmont	208-924-5504
Elk City.....	Call the Cottonwood Clinic
Kamiah.....	208-935-2585
Nezperce	208-937-2496

Acupuncture	Physical Therapy
Adult and Childhood Immunizations	Psychiatric Services
Cardio-Pulmonary Services	Obstetrical Services
Cardiac Services	Respiratory Services
Diabetic Counseling	Surgical Services
End-of-Life Care	Treadmill Testing
Gastro-Intestinal Lab	Sonography Services
Home Health Care	Sports Physicals
Lab and Radiology Services	Truck Driver Physicals
Nutritionists	Women's Wellness & Mammography

Syringa Hospital and Clinics 208-983-1700 or 800-772-5137
 607 W Main St, Grangeville, ID 83530

Adolescent Mental Health Services	208-983-8590
Developmental Disabilities Program	208-983-1700
Emergency Care	208-983-1700 or 911
Grangeville Medical Clinic	208-983-8590
Hospice.....	208-983-1700
Inpatient/Outpatient Surgery	208-983-1700
Kooskia Medical Clinic.....	208-983-4776
Laboratory	208-983-1700
OB/GYN	208-983-5120
Physical and Occupational Therapy	208-983-1873
Prescription Assistance	208-983-1700
Radiology	208-983-1700

HEALTH SERVICES

Hospitals (Cont.)

Syringa Hospital and Clinics (Cont.)

Smoking Cessation.....	208-983-1700
Syringa Hospital Foundation.....	208-983-1700
Women's Health Center.....	208-983-5120

Massage Therapy

Chris Koehler Therapeutic Massage.....	208-983-6317
617 W North St, Grangeville, ID 83530	
Clearwater Therapeutic Massage.....	208-926-0990
946 Red Fir Rd, Kooskia, ID 83539	
Dreamweaver Beauty Salon	208-935-7714
411 Main, Kamiah, ID 83536	
Emergence – Deanna English	208-507-0135
73 Spring Horse Ln, Grangeville, ID 83530	
www.emergence-mindfulness.com	
Eve McColloch Massage Therapy.....	208-507-1964
617 W North St, Grangeville, ID 83530	
Final Touch – Dani Running	208-983-1130
321 W Main, Grangeville, ID 83530	
Healing Hands Therapeutic Bodywork & Massage.....	208-935-0577
411 Main St, Kamiah, ID 83536	
Healing Rivers – Lenae Poppe	208-628-3890
Riggins, ID 83549	

HEALTH SERVICES

Massage Therapy (Cont.)

Images Salon and Day Spa 208-983-2444 or 208-983-1775
158 E Main, Grangeville, ID 83530

In-Touch Therapeutic Massage – **Pollyanna Candalot**..... 208-962-7225
503 King St, Cottonwood, ID 83522

Kooskia Healing Center..... 208-926-4558
001 Front St, Kooskia, ID 83539

Linnaea Kibler 208-469-0703
Riggins, ID 83549

Mandi Kendig 208-628-2722
Riggins, ID 83549

Margaret Hepner 208-983-2553
Grangeville, ID 83530

Massage by **Marina Bates** 208-983-0092
617 W North St, Grangeville, ID 83530

Sylvia Heller 208-926-7154
Kooskia, ID 83539

Medical Equipment

Lincare, Inc 208-983-5345
Whitehorse Business Center, Grangeville, ID 83530

Norco Medical 208-983-0390
329 W Main St, Grangeville, ID 83530

HEALTH SERVICES

Mental Health Services

Abbadaddy House, Inc.	208-962-7384
Cottonwood, ID 83522	
Camas Professional Counseling	208-983-0235 or 866-983-0235
102 N College St, Grangeville, ID 83530	
Camas Professional Counseling	208-935-0363
511 Main St, Kamiah, ID 83536	
cpc@cyberquest.com	
Clearwater Counseling.....	208-983-7717
318 ½ E Main, Grangeville, ID 83530	
Health & Welfare – Behavioral Health.....	208-983-2300
Children & Adult Mental Health	
216 South C, Grangeville, ID 83530	
After Hours – Children.....	866-788-7811
After Hours – Adults	866-449-3815
Opportunities Unlimited, Inc.	208-983-0309
406 E Main, Grangeville, ID 83530	

Midwives

Yalad Birthing Services	208-962-7081
502 King St, Cottonwood, ID 83522	
Riener, Sherry, CPM	

HEALTH SERVICES

Nursing Homes

Grangeville Health and Rehabilitation 208-983-1131
410 E N 2nd St, Grangeville, ID 83530
www.ahcfacilities.com/grange_hrc.html

Optometrists

Brown Family Vision 208-983-0260
622 W North St, Grangeville, ID 83530
Dr. Joel Brown, OD

Camas Prairie Eye Clinic 208-983-3732
158 E Main St, Grangeville, ID 83530
Dr. Jill Lane, OD

Family Eye Care 208-935-7640
220 N Hill, Kamiah, ID 83536
Dr. Rick G Lundgren, OD

Idaho State Commission for the Blind and Visually Impaired 208-799-5009

Looking Glass Eye Clinic 208-935-2020
501 Main St, Kamiah, ID 83536
Dr. Adam Dayley, OD

Personal Fitness Consultant

Christine Hauger 208-315-5395
505/507 W Main, Grangeville, ID 83530

HEALTH SERVICES

Pharmacies

- Arzen Drug 208-962-3401
429 Main St, Cottonwood, ID 83522
- Irwin Drug Inc 208-983-1090 or 888-983-1090
146 W Main St, Grangeville, ID 83530
- Kamiah Drug 208-935-2301
502 Main St, Kamiah, ID 83536

Physical and Occupational Therapy

- Grangeville Physical Therapy – St. Mary’s Clinic 208-983-2241
617 W North St, Grangeville, ID 83530
- Kamiah Physical Therapy – St. Mary’s Clinic 208-935-0367
619 4th St, Kamiah, ID 83536
- Prairie Rehabilitation Services, Inc 208-962-2308
Carletta Allen, Speech Therapist
- Preferred Physical Therapy..... 208-983-0199
126 E Main, Grangeville, ID 83530
Jeremy Pettinger, MPT
- St. Mary’s Hospital Physical Therapy - Cottonwood 208-962-3251
701 Lewiston St, Cottonwood, ID 83522
- Syringa Hospital Physical Therapy - Grangeville 208-983-1873
711 W North St, Grangeville, ID 83530
- Syringa Hospital Physical Therapy - Kooskia..... 208-926-4776
022 N Main St, Kooskia, ID 83539

HEALTH SERVICES

Physicians, Physician Assistants, and Nurse Practitioners

Brown, Vanessa, MD	208-926-7801
201 Thenon, Kooskia, ID 83539	
Bruner, Teel, MD	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Bunt, Clayton, MD	208-926-7801
201 Thenon, Kooskia, ID 83539	
Gehring, Peg, FNP	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Gilbert, Andrew, MD	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Hall, Dave, MD	208-628-3666
214 N Main St, Riggins, ID 83549	
Hamell, Rachelle, FNP	208-628-3666
214 N Main St, Riggins, ID 83549	
Hewlett, Brenda, FNP	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Hollopeter, Wayne, MD	208-983-0300
721 W North St, Grangeville, ID 83530	
Imus, Mark, FNP	208-983-8590
722 W North St, Grangeville, ID 83530	
Jones, Andrew, DO	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	

HEALTH SERVICES

Physicians, Physician Assistants, and Nurse Practitioners (Cont.)

- MacMillan III, James D., MD, OB-GYN**..... 208-983-5120
722 W North St, Grangeville, ID 83530
- MacMillan, Lynnda, ARNP in OB-GYN**..... 208-983-5120
722 W North St, Grangeville, ID 83530
- Minnehan, Haley, MD** 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Mucha, Terri, MD** 208-628-3666
214 N Main St, Riggins, ID 83549
- Ostrander, Jeremy, MD** 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Schaller, Christine, MD**..... 208-983-8590
722 W North St, Grangeville, ID 83530
- Schochler, Amy, DO** 208-926-7801
201 Thenon, Kooskia, ID 83539
- Secrest, Jack, MD** 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Sigler, Ronald, L., MD** 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Smith, Jessi, PA-C** 208-983-8590
722 W North St, Grangeville, ID 83530
- Smith, Ty, DO** 208-983-8590
722 W North St, Grangeville, ID 83530

HEALTH SERVICES

Physicians, Physician Assistants, and Nurse Practitioners (Cont.)

Wilson, Megan, RNP, PNP 208-962-3267
701 Lewiston St, Cottonwood, ID 83522

Winder, Stephen, PA-C 208-983-8590
722 W North St, Grangeville, ID 83530

Speech Therapy

Prairie Rehabilitation Services, Inc 208-962-2308
Carletta Allen, Speech Therapist

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Adult Protective Services

Agency on Aging..... 208-743-5580 or 800-877-3206

Community Action Partnership
117 W North St, Grangeville, ID 83530 208-983-0437
615 4th St, Kamiah, ID 83536..... 208-935-2412

Idaho Adult Protection..... 800-877-3206

Chambers of Commerce

Cottonwood Chamber of Commerce 208-962-3231
506 King St, Cottonwood, ID 83522
www.cottonwoodidaho.org

Grangeville Chamber of Commerce 208-983-0460
PO Box 212, Grangeville, ID 83530
www.grangevilleidaho.com

Kamiah Chamber of Commerce 208-935-2290
518 Main St, Kamiah ID 83536
www.kamiahchamber.com

Kooskia Chamber of Commerce 208-926-4362
26 S Main St, Kooskia, ID 83539
www.kooskia.com

Salmon River Chamber of Commerce..... 208-628-3778
126 N Main, Riggins, ID 83549
www.rigginsidaho.com

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Chambers of Commerce (Cont.)

White Bird Chamber of Commerce 208-839-2444
PO Box 93, White Bird, ID 83554
www.whitebirdidaho.com

Children’s Services

A.S.K. After School Kids 208-628-2770
121 N Main St, Riggins, ID 83549

Center for Discovery 208-962-3122
907 Lewiston St, Cottonwood, ID 83522

Discovery Center, The 208-926-0964
306 E Pine St, Kooskia, ID 83539

Health & Welfare – Children & Family Services 208-983-2522
216 South C St, Grangeville, ID 83530
(Child protection, foster care licensing, day care, preventive services)

Health & Welfare – Infant Toddler Services 208-983-2522
216 South C St, Grangeville, ID 83530

Idaho Child Care Program Careline 211
(Assistance with day care)

Kamiah After School Program (K.A.P.) 208-935-4044
906 12th St, Kamiah, ID 83536

KIDS Klub, Inc., The 208-983-2285
400 S Idaho St, Grangeville, ID 83530

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Children’s Services (Cont.)

Lewis-Clark Early Childhood Program – Head Start	
515 E Main St, Grangeville, ID 83530.....	208-983-1671
1319 Hill St, Kamiah, ID 83536	208-935-2811
133 N Main, Riggins, ID 83549.....	208-628-3854
Nez Perce Tribe Head Start	208-935-2888
4 th St, Kamiah, ID 83536	
REACH Club.....	208-842-2218
100 School Lane, Elk City, ID 83525	

Child Abuse and Neglect Services

Health & Welfare – Children & Family Services.....	208-983-2522
216 South C St, Grangeville, ID 83530	
(Child protection, foster care licensing, day care, preventive services)	

City Offices Information

Cottonwood City Hall.....	208-962-3231
405 S 2 nd St, Cottonwood, ID 83522	
www.cottonwoodidaho.org	
Ferdinand City Hall	208-962-5640
407 Main St, Ferdinand, ID 83526	
Grangeville City Hall.....	208-983-2851
225 W North St, Grangeville, ID 83530	
www.grangeville.us	

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

City Offices Information (Cont.)

Kamiah City Hall..... 208-935-0020
507 Main St, Kamiah, ID 83536
www.kamiahchamber.com

Kooskia City Hall 208-926-4684
213 S Main St, Kooskia, ID 83539
www.kooskia.com

Riggins City Hall 208-628-3394
126 N Main St, Riggins, ID 83549
www.rigginsidaho.org

Stites City Hall..... 208-926-7121
213 Main St, Kooskia, ID 83539

White Bird City Hall..... 208-839-2294
White Bird, ID 83554
www.whitebirdidaho.com

City Utilities Information

City of Cottonwood 208-962-3231 or 208-962-3232
506 King St, Cottonwood, ID 83522

City of Ferdinand..... 208-962-5640
407 Main St, Ferdinand, ID 83526

Elk City Water Department 208-842-2315

Grangeville Water and Sewer Department 208-983-2982
225 W North St, Grangeville, ID 83530

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

City Utilities Information (Cont.)

Ferdinand City Hall	208-962-5640
407 Main St, Ferdinand, ID 83526	
Kamiah City Hall.....	208-935-0020
507 Main St, Kamiah, ID 83536	
www.kamiahchamber.com	
Kooskia City Hall	208-926-4684
213 S Main St, Kooskia, ID 83539	
www.kooskia.com	
Riggins City Hall	208-628-3394
126 N Main St, Riggins, ID 83549	
www.rigginsidaho.org	
Stites City Hall.....	208-926-7121
213 Main St, Kooskia, ID 83539	
White Bird City Hall.....	208-839-2294
White Bird, ID 83554	
www.whitebirdidaho.com	

Counseling/Mental Health (See Mental Health Services, page 16)

County Offices Information

Idaho County Assessor	208-983-2742
Idaho County Clerk/Auditor	208-983-2751

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

County Offices Information (Cont.)

Idaho County Commissioners..... 208-983-2751

Crime Prevention (See Law Enforcement/Crime Prevention Services, page 32)

Dental Services

Dental Hygiene Program at LCSC 208-792-2930
dental@lcsc.edu

Snake River Community Clinic (Emergency only)..... 208-743-5899
215 10th St, Lewiston, ID 83501

Disability Services

Center on Disabilities and Human Development 888-746-2655

Health & Welfare - Infant Toddler Services..... 208-983-2300
216 South C St, Grangeville, ID 83530

Social Security Administration..... 800-772-1213
1617 19 Ave, Lewiston, ID 83501
www.ssa.gov

Domestic Violence/Family Violence

Alternatives to Violence of the Palouse..... 208-883-HELP

American Red Cross 208-746-7332

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Domestic Violence/Family Violence (Cont.)

YWCA.....208-743-1535
300 Main St, Lewiston, ID 83501

Domestic Violence Hotline..... 800-799-SAFE

Food Banks

Evergreen Food Bank
319 E Main, Grangeville, ID 83530.....208-983-5475

Feed My Sheep Food Pantry – Pine Ridge Baptist Church
108 Pine Rd, Kamiah, ID 83536

Idaho County Food Bank
113 W North St, Grangeville, ID 83530208-983-6114

Kamiah Community Food Basket Program.....208-935-2412

Kooskia – Clearwater Valley Food Bank208-926-4883

Mobile Pantry, Stites Baptist Church
Stites, ID 83552

Riggins Food Bank208-628-3394

St. Mary’s Hospital Food Bank208-962-3251

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Food and Drug Complaints

Idaho Dept of Health and Welfare, Region 2 208-799-4338
118 F St, Lewiston, ID 83501

Foot and Nail Care

Pampered Feet Foot Care..... 208-935-0030
Kamiah, ID 83536

Polish'd Nail Spa..... 208-983-0770
107 W North St, Grangeville, ID 83530

Funeral Homes

Blackmer Funeral Home..... 208-983-0740
305 N Mill St, Grangeville, ID 83530

Trenary Funeral Home..... 208-926-0011
018 West 1st Ave, Kooskia, ID 83539

Uhlorn Funeral Home 208-962-3910
414 Myrtle St, Cottonwood, ID 83522

Head Start Programs

Grangeville Head Start Program..... 208-983-1671
515 E Main St, Grangeville, ID 83530

Lewis-Clark Early Childhood Development – Kamiah..... 208-935-2811
1319 Hill St, Kamiah, ID 83536

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Head Start Programs (Cont.)

- Lewis-Clark Early Childhood Development – Riggins 208-628-3854
Riggins Elementary School, Riggins, ID 83549
- Nez Perce Tribal Head Start 208-935-2888
Kamiah, ID 83536

Health and Welfare, Department of

Idaho Department of Health and Welfare Region 2
Covers Nez Perce, Latah, Clearwater, Idaho and Lewis Counties

Camas Resource Center – Idaho and Lewis Counties
216 S C St, Grangeville, ID 83530
www.healthandwelfare.idaho.gov

- Child Abuse & Neglect; Family & Children Services..... 208-983-2522
- CHIP – Children’s Health Insurance Program..... 877-456-1233
- Developmental Disabilities Program / Infant Toddler..... 208-983-2522
- Mental Health Services / Adult & Children..... 208-983-2300
- Navigation Services – Get help finding needed services..... 208-983-2300
- Self Reliance Benefits Program – Medicaid, CHIP, Food Stamps, TAFI..... 877-456-1233
- Adult – After Hours Crisis Line 208-983-2300 or 866-449-3815
- Children – After Hours Crisis Line 208-983-2522 or 866-788-7811

Health Education/Schools/Colleges/Universities/Wellness Programs

University of Idaho Extension
Health & Nutrition and Food Safety 208-983-2667
320 W Main St, Courthouse Room 3, Grangeville, ID 83530
Kirsten Jensen

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Health Food Products – Retail

Health Horizons	208-935-0544
Kamiah, ID 83536	
Kooskia Herbs ‘N Things	208-926-4372
10 N Main St, Kooskia, ID 83539	
The Health Food Store.....	208-983-1276
221 W Main St, Grangeville, ID 83530	

Herbal Producers

Two Ravens Herbals.....	208-926-7833
205 Cedar Hollow Ln, Kooskia, ID 83539	
www.tworavensherbals.com	

Housing

Nez Perce Tribe Housing Authority	208-935-0660
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Human Services (See Health and Welfare, page 31)

Law Enforcement Services/Crime Prevention Services

Cottonwood Police Department.....	208-962-3231
Elk City Police Department	208-983-1100
Grangeville Police Department.....	208-983-1351
Kamiah Police Department.....	208-937-2447
Kooskia Police Department	208-926-4221

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Law Enforcement Services/Crime Prevention Services (Cont.)

Riggins Police Department.....	208-628-3738 or 1-800-922-9141
Idaho County Sheriff’s Department.....	208-983-1100
Idaho Fish and Game Department Clearwater Region, Lewiston, ID 83501.....	208-799-5010
Idaho State Police.....	208-799-5151
2700 N & S Hwy, Lewiston ID 83501	

Medicaid/Medicare

Idaho Medicaid.....	877-456-1233
www.healthandwelfare.idaho.gov	
Medicaid Healthy Connections.....	888-799-5088
Medicare Drug Plan – Contact SHIBA at.....	800-488-5725
www.medicare.gov	
Medicare Hotline.....	800-638-6833
Medicare Reimbursement Information – Idaho.....	800-627-2782
Social Security Administration.....	800-772-1213
www.ssa.gov	

Mental Health (See Mental Health Services, page 16)

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Newspapers

<i>Clearwater Progress</i>	208-935-0838
615 4 th St, Kamiah, ID 83536	
www.clearwaterprogress.com	
<i>Cottonwood Chronicle</i>	208-962-3851
503 King St, Cottonwood, ID 83522	
www.cottonwoodchronicle.com	
<i>Idaho County Free Press</i>	208-983-1070
900 W Main St, Grangeville, ID 83530	
www.idahocountyfreepress.com	
<i>The Current</i>	208-628-2340
114 N Main, Riggins, ID 83549	
currentnews@frontiernet.net	
<i>The Shopper</i>	208-983-1200
900 W Main St, Grangeville, ID 83530	

Prescription Assistance

R _x Idaho, Idaho Careline.....	211
www.rxidaho.org	
St. Mary's Needy Meds Program	208-962-3267
Syringa Hospital Needy Meds Program	208-983-1700

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Reiki

Margaret Hepner 208-983-2553
Grangeville, ID 83530

Senior Services

Burkhart Homes..... 208-935-0488
812 1st St, Kamiah, ID 83536

Grangeville Senior Citizen Center..... 208-983-0233
Bypass Truck Route, Grangeville, ID 83530

Haven of Rest 208-935-2954
3362 Willow, Kamiah, ID 83536

Irwin Center Senior Housing..... 208-628-3582
Riggins, ID 83549

Kamiah Senior Kitchen 208-935-2954
125 Maple, Kamiah, ID 83536

Riggins Senior Citizen Center 208-628-3828
IOOF Hall, Riggins, ID 83549

Social Services

Camas Resource Center – Idaho and Lewis Counties
216 S C St, Grangeville, ID 83530
Children & Family Services, Infant Toddler..... 208-983-2522
Adult & Children Mental Health..... 208-983-2300
Medicaid, Food Stamps..... 877-456-1233

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Social Services (Cont.)

Careline.....211
www.idahopublichealth.com

Public Health – Idaho North Central District 208-799-3100
Idaho County 208-983-2842
Lewis County 208-935-2124

Suicide Prevention

National Suicide Prevention Hotline 800-273-TALK

Suicide Resources www.healthandwelfare.idaho.gov

Transportation

CABS..... 208-628-3394
Riggins, ID 83549

Idaho County Rideshare 877-983-9309

Idaho Medicaid Transportation – Ask for Region 2 800-296-0509

Palouse Rideshare Network..... 208-882-1444
www.palouserideshare.org

Prairie Transportation 208-962-3975
Cottonwood, ID 83522

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Veterans’ Services

Boise VA Hospital.....	208-442-1000
www.cl.idaho.gov	
Idaho County Veterans’ Services	208-983-0239
320 W Main St, 29, Grangeville, ID 83530	
Spokane VA Hospital	800-325-7940
Walla Walla VA Hospital.....	888-687-8863

Welfare Information

Health & Welfare Camas Resource Center	877-456-1233
216 South C St, Grangeville, ID 83530	
(Idaho and Lewis Counties)	

Women’s Services

Hope Pregnancy Center	208-983-0093
212 North B, Grangeville, ID 83530	
Hopepc.camasnet.com	
Idaho Women’s Commission	800-643-7798
Women’s Health Check, Idaho Careline	211

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Workers’ Compensation

- Department of Labor 208-983-0440
305 N State St, Grangeville, ID 83530
- Idaho Industrial Commission..... 208-334-6000

Yoga

- Emergence – **Deanna English** 208-507-0135
73 Spring Horse Ln, Grangeville, ID 83530
www.emergence-mindfulness.com
- Massage by **Marina Bates** 208-983-0092
617 W North St, Grangeville, ID 83530
- Yoga in the Canyon – **Mariah Crump** 208-628-2793
Riggins, ID 83549
rosehey@gmail.com

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

AIDS/HIV

Idaho Health Department 208-334-6527

Idaho AIDS Foundation Hotline 800-926-2588

National AIDS Hotline..... 800-342-AIDS (2437)
Spanish (Español) 800-344-SIDA (7432)
Hearing Impaired 800-243-7889

Alcohol

Al-Anon/Alateen World Service Office 888-425-2666
Or 208-298-0997
<http://www.al-anon-idaho.org/>

Alcoholics Anonymous 866-547-4673
<http://www.alcoholics-anonymous.org/>

Alzheimer's

Alzheimer's Association National Information Line 800-272-3900
<http://www.alz.org/>

Arthritis

National Arthritis Foundation 800-444-4993
Or 801-536-0990
<http://www.arthritis.org/>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Better Business Bureau

Better Business Bureau..... 509-455-4200
Serving Eastern Washington, Northern Idaho and Montana
152 S Jefferson, Ste 200, Spokane, WA 99201

Birth Certificates

Idaho Vital Statistics..... 208-334-5988

Cancer

American Cancer Society..... 800-227-2345
<http://www.cancer.org/>

National Cancer Institute (Cancer Information Service) 800-422-6237
Or (TTY) 1-800-332-8615

Child Abuse/Family Violence

CDC National Information Hotline 800-232-4636

Childhelp USA National Child Abuse Hotline
(Children can call this number for help)
National..... 800-4-A-CHILD
Or 800-422-4453
<http://www.childhelp.org/>

Child Welfare Information Gateway 800-394-3366

National Child Safety Council..... 800-222-1464

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Child Abuse/Family Violence (Cont.)

National Domestic Violence 24 Hour Hotline.....800-799-7233 (SAFE)

Prevent Child Abuse America (Parenting guidance) 800-244-5373
(Automatically routes to local area.)
<http://www.preventchildabuse.org/>

Child Health

National SIDS & Infant Death Support Center (First Candle) 800-638-7437
(Available 9:00 am – 5:00 pm, Monday through Friday)
SIDS (Sudden Infant Death)
<http://sids-network.org>

Children and Youth Services

4-H..... 208-983-2667 or 850-547-1108

Girls’ and Boys’ Town National Hotline..... 800-448-3000
<http://www.boystown.org/>

Nat’l Ctr. for Missing and Exploited Children Hotline 800-843-5678

National Juvenile Justice Clearinghouse 800-638-8736

National Runaway Switchboard800-786-2929 (RUNAWAY)
Or 800-621-4000

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Children and Youth Services (Cont.)

National Suicide & Crisis Hotline800-784-2433 (SUICIDE)
Or800-273-8255 (TALK)
(Automatically routes to local area.)
<http://www.suicidehotlines.com/>

Cystic Fibrosis

Cystic Fibrosis Foundation 800-FIGHT CF (344-4823)
Idaho Chapter..... 801-281-1886
<http://www.cff.org>

Death Certificates

Idaho Vital Statistics..... 208-334-5988

Dental Services

Idaho State Board of Dentistry 208-334-2369
PO Box 83720, Boise, ID 83720-0021
<http://www2.state.id.us/isbd/>

Idaho State Dental Association..... 800-932-8153
Or 208-343-7543
1220 W Hays St, Boise, ID 83720
www.isdaweb.com

STATE AND NATIONAL INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES

Diabetes

American Diabetes Association.....800-342-2383 (DIABETES)
<http://www.diabetes.org/>

Disability Services

Adult Developmental Disability Services..... 208-799-4430
Regional Medicaid Unit, 118 F St, Lewiston, ID 83501

American Association on Mental Retardation 800-424-3688

Autism Society of America..... 800-328-8476
7910 Woodmont Ave, Suite 300, Bethesda, MD 20814-3067
<http://www.autism-society.org/>

Christopher Reeve Paralysis Foundation..... 800-225-0292
<http://www.apacure.org/>

Clearinghouse on Disability Information 877-232-4968

Disability Hotline 800-786-6202

National Association for Parents of the Visually Impaired..... 800-562-6265
PO Box 317, Watertown, MA 02471
<http://www.spedex.com/napvi/>

Paralyzed Veterans of America 800-555-9140
801 Eighteenth St, NW, Washington, DC 20006-3517
<http://www.pva.org/>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Domestic Violence/Family Violence (See Child Abuse/Family Violence, page 40)

Down Syndrome

National Down Syndrome Society 800-221-4602
<http://www.ndss.org>

Drugs/Narcotics Abuse and Prevention

National Council on Alcoholism & Drug
Dependence Hot Line 800-622-2255

National Alcohol/Drug Abuse Hotline 800-662-4357

Office of National Drug Control Policy Drug
Policy Clearinghouse 800-666-3332
National Youth Anti Drug Media Campaign 800-788-2800
<http://www.whitehousedrugpolicy.gov/>

Partnership for a Drug-Free America 800-624-0100

Eldercare

Eldercare Locator (Resources for the Elderly) 800-677-1116
(U.S. Administration on Aging; provides directory assistance to locate
county services.)
<http://www.elderweb.com>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Eldercare (Cont.)

Idaho Commission on Aging..... 877-471-2777
Idaho County Area 208-743-5580
3380 Americana Terrace, Suite 120, Boise, ID 83706
<http://www.idahoaging.com/>

Eye Services

American Council of the Blind..... 800-424-8666
<http://www.acb.org/>

Eye Care America Seniors Eye Care Program..... 800-222-3937

Optometry Board..... 800-725-6723

Visual Services Older Blind Telephone Information Line 800-829-3255
(Service for 55 years of age and older and legally blind.)

Family Services

American Red Cross of Greater Idaho..... 800-853-2570

Headache

National Headache Foundation..... 800-843-2256
<http://www.headaches.org/>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Health Information

- American Social Health Association 800-227-8922
- Centers for Disease Control Information..... 800-232-2522
- National Health Information Center 800-336-4797

Hearing and Speech

- American Speech-Language- Hearing Association 800-638-8255
<http://www.asha.org>
- International Hearing Society Hearing Aid Help Line..... 800-521-5247

Heart

- American Heart Association 800-242-8721
<http://www.americanheart.org/>

Kidney

- American Kidney Fund 800-638-8299
(Monday through Friday, 8:00 am - 4:00 pm)
- National Kidney Foundation..... 800-622-9010

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Legal Services

Idaho Legal Aid Services, Inc..... 208-345-0106
PO Box 913, Boise, ID 83701
Senior Hotline 866-954-2591
Domestic Violence 877-500-2980

Liver

American Liver Foundation..... 800-223-0179
(Hepatitis/Liver Disease Helpline)
<http://www.liverfoundation.org>

Lung

American Lung Association 800-586-4872
<http://www.lungusa.org>

Mental Health

Idaho Health and Welfare www.healthandwelfare.idaho.gov
Region 2 Mental Health, 118 F St, Lewiston, ID 83530
For ADULTS 208-799-4440
For CHILDREN 208-799-4360

National Mental Health Information Center..... 800-632-5125
Or 208-334-5528
www.mentalhealth.samhsa.gov/

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Parkinson's Disease

American Parkinson's Disease Association 800-223-2732

Protective Services

Adult Protective Services – Department of Human Services 800-522-3511
(Nights & Weekends)

Child or Adult Abuse Hot Line (Nights & Weekends)..... 800-522-3511
Or 800-962-2873

Child Help USA (Child Abuse Hotline)800-422-4453 (4-A-CHILD)
Or (TDD)..... 800-222-4453
(Hotline for children who are being abused to get professional counseling.)
<http://www.childhelpusa.org/>

National Runaway Switchboard800-786-2929 (RUNAWAY)
Or 800-621-4000

Rape Crisis Hotline

Rape, Abuse & Incest National Network (RAINN) 800-656-4673

Rehabilitation Services

Idaho Division of Vocational Rehabilitation 208-799-2070
1118 F St, Lewiston, Idaho, 83501-1986
<http://www.vr.idaho.gov/>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Senior Information

- AARP Idaho 866-295-7284
3080 E Gentry Way, Ste 100, Meridian, ID 83642
- AARP State Information Center 888-687-2277
<http://www.aarp.org/>
- Eldercare Locator 800-677-1116
(US Administration on Aging: provides directory assistance to locate county services.)
- Ombudsman (Senior Information Line) 800-377-3259
24 Hour Message Line 208-395-7876
<http://www.boiseombudsman.org/>
(Nutrition, respite care, legal aid, Area Agency on Aging.)

Social Security

- Social Security Administration..... 800-772-1213
www.ssa.gov

Suicide

- National Suicide & Crisis Hotline 800-784-2433 (SUICIDE)
Or 800-273 8255 (TALK)
(Automatically routes to local area.)
<http://www.suicidehotlines.com/>
- Regional Mental Health Services 208-799-4440
www.state.id.us/dhw

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Transport Services for Patients

National Patient Travel Help Line 800-296-1217
<http://www.patienttravel.org/>

Veterans' Services

Department of Veterans Affairs Telephone Assistance Hotline 800-827-1000
<http://www.va.gov>

Idaho Division of Veterans Services 208-246-8777
<http://veterans.idaho.gov/>

DIRECTORY UPDATES AND CORRECTIONS

Every effort has been made to include all services relevant to this directory. If your listing has been omitted or is incorrect, please notify one of the following:

PLEASE CONTACT:

Idaho County Commissioners
St. Mary's Hospitals and Clinics
Syringa Hospital and Clinics

